



## Fontan Education Day Agenda

April 28, 2024, 0900 – 1200 Pacific Time

Zoom Link: <https://ubc.zoom.us/j/68584752269?pwd=bXNCNWpFchVmN2xRRUo5VXBSEZDZz09>

0900 – 0905 Pacific Time	<i>Welcome and Introductions</i>	Reena Clarkson & Jennifer Gowan
0905 - 0910	<i>Ice melter Activity</i>	Diana Klassen
0910 – 0930	<i>‘Living better with a Fontan circulation: perspectives from a cardiologist’</i>	Dr Isabelle VonderMuhll
0930 – 0945	<i>‘The Canadian Fontan Connection’</i>	Dr Jasmine Grewal
0945- 1000	<i>‘Common Tests and Why We Do Them’</i>	Dr Robin Ducas
1000 - 1010	<i>Break</i>	
1010 - 1030	<i>‘Exercise and the Fontan Circulation’</i>	Dr Barbara Cifra
1035 - 1055	<p><b>Break Out Sessions:</b> <i>these breakout sessions offer an opportunity to gain additional information, ask questions and engage in a dialogue about a specific health focus and appreciate how it impacts someone with a Fontan circulation. Please select one of the breakout sessions to join.</i></p> <p><b>Room A:</b> <i>‘Navigating Transition: Advise for a Successful Transition’</i> Sydney &amp; Kate Walker &amp; Karen LeComte</p> <p><b>Room B:</b> <i>‘Navigating Women’s Health with a Fontan Circulation’</i> Dr Jenny Oakes, Diana Klassen, &amp; Reena Clarkson</p> <p><b>Room C:</b> <i>‘Medication Considerations for Individuals Living with a Fontan Circulation’</i> Dr Ricky Turgeon &amp; Dr Jasmine Grewal</p> <p><b>Room D:</b> <i>‘Optimizing Brain Health across the Lifespan’</i> Dr Thalia Field</p>	
1100 - 1120	Break out sessions (repeated from above – participants will be able to attend a second break out session)	
1120 - 1130	<i>Break</i>	
1130 - 1145	<p><b>Break Out Sessions:</b> <i>these breakout sessions focus on peer support and are intended to provide patients and families a chance to connect with other Fontan patients and families. Please select one of the breakout rooms to join.</i></p> <p><b>Room A:</b> Peer to Peer connections (under 30) TBD</p> <p><b>Room B:</b> Peer to Peer connections (over 30) Reena &amp; Diana</p> <p><b>Room C:</b> <i>Parents &amp; Caregivers of individuals with a Fontan</i> Jennifer &amp; Kristina</p>	
1145 - 1200	<i>Graphic Recording &amp; Wrap Up</i>	Reena Clarkson & Jennifer Gowan